

NUTRITION ASSESSMENT



Answer the Awesome Ag question in the blank response box below.
Use the checklist to help you answer the question.

- Use complete sentences Use two new vocabulary words Underline both vocabulary words

What makes a food “healthy”?

How do you know??

...



It is important to use evidence, or proof, to support your answer. Choose two pieces of evidence to help explain why your answer is correct.

I know my answer is correct because...

I know my answer is correct because...

I got this information from...

I got this information from...